



Ovens & Murray District Swimming Association

www.omdsa.org.au

3rd Pennant Program - Hosted by the Yarrawonga Mulwala Swimming Club

Date of Meet: 16/12/2018 Venue: Yarrawonga Swim Centre
 Warm Up: 9:30am Meet Start: 10:30am

M	Event No	F	Age	Distance	Stroke
1	2		All Age	400m	freestyle
3	4		All Age	50m	freestyle
5 Mixed			SWD	50m	freestyle
6	7		All Age	100m	butterfly
8	9		All Age	50m	backstroke
10 Mixed			SWD	50m	backstroke
11	12		All Age	100m	breaststroke
13	14		All Age	200m	backstroke
15	16		All Age	50m	butterfly
17 Mixed			SWD	50m	butterfly
18	19		All Age	100m	freestyle
20	21		All age	200m	IM
22	23		All Age	50m	breaststroke
24 Mixed			SWD	50m	breaststroke
25	26		All Age	100m	backstroke
27	28		All Age	200m	breaststroke
29	30		10/U	4x50m	Freestyle Relay
31	32		14/U	4x50m	Freestyle Relay
33	34		Open	4x50m	Freestyle Relay

- Swimmers may swim in a maximum of 4 individual events of their choice – any combination of strokes/distances – this means you may swim 50m free / 100m free / 200m free in the one day and receive points for each swim
- Points will be allocated to all swims – there will be no time trial events
- You may swim in 2 relays
- Can coaches /parents /race secretaries please be mindful of what swimmers are capable of swimming
- Clubs may enter 1 relay team for each event
- Age as at: 1st October, 2018 - Age groups for points are:

8/under	9 year	10 year	11 year	12 year	13 year	14 year	15 year	16 year	17-34	35/over
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- Online Entries only – Entries close Friday 14/12/18 @ 8:00pm
- Swimmers can contact: entries@omdsa.org.au with any queries

INFORMATION FOR FAMILIES NEW TO SWIMMING

- ❖ Please wait near the marshalling table on arrival in marshalling (beside the marshalling tent) and wait for your name to be called.
- ❖ Some events have over 20 heats, so be mindful and respectful of marshalls calling for swimmers – please try and keep the noise level down whilst catching up with friends
- ❖ When marshalls call your name please reply by raising your hand and saying “yes” or “I’m here”
- ❖ Please don’t crowd around the marshalling table stand back and wait for your name to be called.
- ❖ Swimmers need to go to and remain where marshalls place them. Please try to refrain from moving once seated.
- ❖ Please let marshalls know if withdrawing from an event or from the meet..... this will assist combining events
- ❖ Please let marshalls know if you are likely to be in the water when they are marshalling your next event (for events in close succession.