

# Swimming Victoria Proficiency Entry Form

**Male/ Female**

(please delete irrelevant gender)

Club		Total number of Entries				Total Amount @ \$4.50 per entry \$							
Club Contact		Contact Ph.											
Contact Mailing Address:						State:		Postcode:					
Full Name	Bronze		Bronze Star		Silver		Silver Star		Gold		Bar to Gold		No. of Awards
<b>Total</b>													

Place an 'X' in the left column of the awards being applied for by each athlete.

NB - The Bar to Gold award can only be swum as a separate application and cannot be combined with other awards at the one meet

DO NOT Send payment. You will receive an invoice from SV for the amount of entries

**OFFICE USE ONLY**

Application Correct: \_\_\_\_\_ Referee: \_\_\_\_\_ **Total**

- |                          |                                   |  |                                 |                    |                              |                              |                  |                         |
|--------------------------|-----------------------------------|--|---------------------------------|--------------------|------------------------------|------------------------------|------------------|-------------------------|
| <b>BREAST:</b>           | <b>BR</b>                         | (1) Excess strokes                     | (2) Knee low                    | (3) Foot low       | (4) Non Simultaneous Touch   | (5) Dolphin Kick             | (6) Scissor kick | (7) Feet not turned out |
| <b>BACK:</b>             | <b>BK</b>                         | (1) Turned off back at finish          | (2) Pushed off on front at turn | (3) Incorrect turn | (4) Exceeded 15m under water |                              |                  |                         |
| <b>FLY:</b>              | <b>FLY</b>                        | (1) Alternating kick                   | (2) Arms not clearing water     | (3) Uneven arms    | (4) Non Simultaneous Touch   | (5) Exceeded 15m Under Water |                  |                         |
| <b>FREE:</b>             | <b>FR</b>                         | (1) Fail to touch                      | (2) Exceeded 15m under water    |                    |                              |                              |                  |                         |
| <b>DNS:</b> Did not swim | <b>DNAT:</b> Did not achieve time | <b>SBSS:</b> Start Before Start Signal |                                 |                    |                              |                              |                  |                         |