



# ALBURY AMATEUR SWIMMING CLUB

## LONG COURSE OPEN MEET – SUNDAY 29<sup>TH</sup> OCTOBER 2017

Qualifying Meet – Approved by SISA

Albury Swim Centre – Wodonga Place Albury - (02) 6021 3011

- 50m heated outdoor pool
- 25m heated warm down pool

**Warm up** 9.10am      **Races** 10.15am

**Entry fee** \$6 per event

**Entries Close: Monday 23<sup>rd</sup> October 2017**

### \$\$\$ CASH PRIZES \$\$\$

1<sup>st</sup> = \$40, 2<sup>nd</sup> \$20, 3<sup>rd</sup> = \$10.

Harold Groch Trophy Event 18 –  
 Frank Hohmann Trophy Event 33 –  
 Patricia Gould Trophy Event 13-  
 Jackie/Paul Clemson Trophy 48-

### All Entries Online only.

[www.alburyswimclub.org.au](http://www.alburyswimclub.org.au)

[www.omdsa.org.au](http://www.omdsa.org.au)

[www.nswswimming.com.au](http://www.nswswimming.com.au)

[www.southerninlandnswswimming.org.au](http://www.southerninlandnswswimming.org.au)

[www.swimmingvictoria.org.au](http://www.swimmingvictoria.org.au)

**Pool Entry** – Pool opens 09:00 am. Pool Entry Charges apply.

### Age as at 29<sup>th</sup> October 2017

- Meet is open to swimmers registered with their state swimming body.
- An Area Approved meet conducted under the rules of SNSW Ltd. This is a qualifying meet.
- Events and heats may be combined if insufficient entries.
- All events are timed finals.
- Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> places to age groups listed
- Late entries will be at the discretion of the Meet Director
- Lunch break will commence between 12.30pm and 1.00pm approximately
- The Meet Director reserves the right to change the program and conditions as necessary.
- The final program and results will be available at both SISA and O&M websites



M	F	Age	Distance	Stroke	M	F	Age	Distance	Stroke
1		Open	400	Free	34	35	10 & Under, 11-12	100	Free
2		Open	400	IM	36	37	13-14, 15-16, 17 & Over	100	Free
101		Open MC	50	Free	103		Open MC	50	Back
3	4	8 & Under, 9 - 10	50	Free	38	39	8 & Under, 9-10	50	Back
5	6	11-12	50	Free	40	41	11-12	50	Back
7	8	13-14	50	Free	42	43	13-14	50	Back
9	10	15-16	50	Free	44	45	15-16	50	Back
11	12	17 & Over	50	Free	46	47	17 & Over	50	Back
13		Open	200	Fly	48		Open	200	Free
14	15	12 & Under, 13-14	100	Breast	49	50	12 & Under, 13-14	100	Fly
16	17	15-16, 17 & Over	100	Breast	51	52	15-16, 17 & Over	100	Fly
18		Open	200	Back	53	54	10 & Under	50	Breast
19	20	10 & Under	50	Fly	55	56	11-12	50	Breast
21	22	11-12	50	Fly	57	58	13-14	50	Breast
23	24	13-14	50	Fly	59	60	15-16	50	Breast
25	26	15-16	50	Fly	61	62	17 & Over	50	Breast
27	28	17 & Over	50	Fly	104		Open MC	50	Breast
102		Open MC	50	Fly	63	64	10 & Under, 11-12, 13-14	200	IM
29	30	10 & Under, 11-12	100	Back	65	66	15-16, 17 & Over	200	IM
31	32	13-14, 15-16, 17 & Over	100	Back	67		Open	800	Free
33		Open	200	Breast	68		Open	1500	Free

# WWW.ALBURYSWIMCLUB.ORG.AU

## Program Synopsis

Stroke	Distance	Age Groups
<b>Freestyle</b>	50	8/under, 9/10, 11/12, 13/14, 15/16, 17& Over & MC
	100	10& Under, 11/12, 13/14, 15/16, 17& Over
	200	Open
	400	Open
	800	Open
	1500	Open
<b>Backstroke</b>	50	8/under, 9/10, 11/12, 13/14, 15/16, 17& Over & MC
	100	10& Under, 11/12, 13/14, 15/16, 17& Over
	200	Open
<b>Breaststroke</b>	50	10/under, 11/12, 13/14, 15/16, 17& Over & MC
	100	12& Under, 13/14, 15/16, 17& Over
	200	Open
<b>Butterfly</b>	50	10/Under, 11/12, 13/14, 15/16, 17& Over & MC
	100	12& Under, 13/14, 15/16, 17& Over
	200	Open
<b>IM</b>	200	10& Under, 11/12, 13/14, 15/16, 17& Over
	400	Open